Follow-up Visits

First Appointment: What to Expect

~45 min

Log into Emory Student Health Services Portal (shspnc.emory.edu) > Go to appointments > Select "schedule an appointment" > Select "gender-affirming care" > Select "initial appointment" > Schedule date/time.

All of the treatments below can be discussed in your first visit. They do not have to be separate.

Gender-Affirming Hormone Therapy

Physical exam (height, weight, blood pressure)

Medical history questions. List any medications you are taking. If GAHT was taken in the past, bring your labs.

Discuss your goals with GAHT and care, the treatment timeline, different medicine options, logistics, and insurance.

Have labs taken (blood draw). If you have Emory insurance, labs will be done at Student Health. If not, you will go to the 3rd floor Emory Medical Lab.

Menstrual Suppression

Physical exam (height, weight, blood pressure)

Medical history questions. List any medications you are taking. If GAHT was taken in the past, bring your labs.

Discuss your goals with GAHT and care, the treatment timeline, different medicine options, logistics, and insurance.

Take a pregnancy test if you have recently had sex that could result in pregnancy.

Gender-Affirming Surgeries and Voice Therapy

Physical exam (height, weight, blood pressure)

Medical history questions. List any medications you are taking. If GAHT was taken in the past, bring your labs.

Discuss your treatment goals and timeline. We will also discuss whether letters are needed, how many, and how to get them for surgery approval.

Receive a referral for an in-state or out-of-state surgeon, then discuss options and insurance coverage. For voice therapy, receive a referral to a voice therapist.

WHERE?

Emory University Student Health Services
1525 Clifton Road, 2nd Floor
Atlanta, Georgia 30322

Schedule through Student Health Portal or call the front desk at 404-727-7561 (option "1").

Follow-up Visits

~30 min

First year: appointment every 3 months
Subsequent years: every 6-12 months

To get labs and to check in on how you and your body feels. Hormones may be adjusted based on this.

Terms: GAHT = Gender Affirming Hormone Therapy (also known as HRT); GAS = Gender Affirming Surgery (such as top or bottom surgeries, orchietomy, hysterecotomy, tracheal shave and facial feminization surgery)

Gender Affirming Surgeries (GAS) and Gender Affirming Hormone Therapy (GAHT) may only be available to students 18 or older due to legal restrictions.

For any questions or concerns or to be connected to other affirming services and gender affirming surgeries, please email LGBT@emory.edu.