

# APPOINTMENT MAP FOR GENDER AFFIRMING CARE AT EMORY'S STUDENT HEALTH SERVICES

**Terms:** GAHT = Gender Affirming Hormone Therapy (also known as HRT); GAS = Gender Affirming Surgery (such as top or bottom surgeries, orchiectomy, hysterectomy, tracheal shave and facial feminization surgery)

*\*Gender Affirming Surgeries (GAS) and Gender Affirming Hormone Therapy (GAHT) may only be available to students 18 or older due to legal restrictions.*

**START**

## First Appointment: What to Expect ~45 min

Estimated times are for 1st visits only

### SCHEDULE:

Log into Emory Student Health Services Portal ([shspnc.emory.edu](https://shspnc.emory.edu)) > Go to appointments > Select "schedule an appointment" > Select "gender-affirming care" > Select "initial appointment" > **Schedule date/time.**  
*All of the treatments below can be discussed in your first visit. They do not have to be separate.*

### Gender-Affirming Hormone Therapy

**Physical exam** (height, weight, blood pressure)

**Medical history questions.** List any medications you are taking. **If GAHT was taken in the past, bring your labs.**

**Discuss your goals** with GAHT and care, the **treatment timeline**, different **medicine options**, logistics, and **insurance**.

**Have labs taken** (blood draw). If you have Emory insurance, labs will be done at Student Health. If not, you will go to the 3rd floor Emory Medical Lab.

### Menstrual Suppression

**Physical exam** (height, weight, blood pressure)

**Medical history questions.** List any medications you are taking. **If GAHT was taken in the past, bring your labs.**

**Discuss your goals** with GAHT and care, the **treatment timeline**, different **medicine options**, logistics, and **insurance**.

**Take a pregnancy test** if you have recently had sex that could result in pregnancy.

### Gender-Affirming Surgeries and Voice Therapy

**Physical exam** (height, weight, blood pressure)

**Medical history questions.** List any medications you are taking. **If GAHT was taken in the past, bring your labs.**

**Discuss your treatment goals and timeline.** We will also discuss whether letters are needed, how many, and how to get them for surgery approval.

Receive a referral for an **in-state or out-of-state surgeon**, then discuss options and insurance coverage. For voice therapy: receive a referral to a voice therapist.

## Follow-up Visits ~30 min

### WHEN?

**First year:** appointment every 3 months  
**Subsequent years:** every 6-12 months

### WHAT?

To get labs and to check in on how you and your body feels. Hormones may be adjusted based on this.

### WHERE?

Emory University Student Health Services  
**1525 Clifton Road, 2nd Floor**  
**Atlanta, Georgia 30322**

Schedule through Student Health Portal or call the front desk at 404-727-7551 (option "1").

## Follow-up Visits

Subsequent visits will be with your surgeon.



**EMORY**  
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**Campus Life**

Office of Lesbian/Gay/Bisexual/Transgender Life  
 Counseling and Psychological Services  
 Student Health Services  
 Office of Health Promotions